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MINDSET CURRICULUM
SESSION 2024-25
CLASS IV
MID TERM

Topic 1 - Olympics

1. In which year were the first modern Olympic games held?

- A) 1896
- B) 1900
- C) 1924
- D) 1936

Ans A

2. Who is considered the founder of modern Olympic games ?

- A) Pierre de coubertin
- B) Baron pierre
- C) Dimitrios vikelas
- D) Michael breal

Ans A

3. How many rings are there in the Olympic symbol ?

A) 1

B) 9

C) 5

D) 6

Ans C

4.What is the meaning of Olympic motto "citius,Altius,fortius?"

A) Stronger, Higher, Brighter

B) Faster , Higher , stronger

C) Faster , further , stronger

D) Quicker , Higher ,stronger

Ans B

5. Where were the first winter Olympic games held ?

A) Switzerland

B) France

C) Oslo, Norway

D) Lake placid , USA

Ans B

6. Which city hosted the 2016 summer olympics ?

- A) Tokyo
- B) Brazil
- C) England
- D) China

Ans B

7. How often are the summer Olympic games held ?

- A) Every 2 years
- B) Every 4 years
- C) Every 5 years
- D) Every 6 years

Ans B

8. Which city has hosted the summer Olympics three times ?

- A) Paris, france
- B) London , England
- C) Athens , Greece
- D) Los angeles , USA

Ans B

9. Which country won the most gold medals at the 2008 Beijing Olympics ?

- A) USA
- B) China
- C) Russia
- D) Germany

Ans B

10. In which year were the first Paralympic games held ?

- A) 1948
- B) 1962
- C) 1960
- D) 1988

Ans C

11. Which of the following is the official language of the Olympics ?

- A) English and french
- B) English and Spanish
- C) French and Spanish
- D) English and Greek

Ans A

12. In which month will the opening ceremony of the 2024 Olympics take place?

- A) July
- B) March
- C) April
- D) August

Ans A

13. How many sports will be featured in the 2024 Summer Olympics ?

- A) 2 sports
- B) 33 sports
- C) 25 sports
- D) 32 sports

Ans D

14. Which edition of the Summer Olympics will the 2024 Games be ?

- A) 33rd edition
- B) 19th edition
- C) 17th edition
- D) 1st edition

Ans A

15. Aman Sehrawat, who recently won bronze medal at Paris Olympics 2024, is associated with which sports?

- A) Boxing
- B) cricket
- C) hockey
- D) wrestling

Ans D

16. Who won the gold medal in men's single tennis title at the 2024 Paris Olympics ?

- A) Jannik sinner
- B) Novak Djokovic
- C) Carlos
- D) Even

Ans B

17. Swapnil Kusale recently won a bronze medal in which sports event at Paris Olympics 2024?

- A) Shooting
- B) Boxing
- C) wrestling
- D) Dancing

Ans A

18. Which Olympic sport is exclusively for women ?

- A) Synchronized swimming
- B) Rhythmic gymnastic
- C) Equestrian
- D) Artistic gymnastic

Ans A

19. Vinesh Phogat, who was recently disqualified from Paris Olympics 2024, is associated with which sports?

- A) Skating
- B) Boxing
- C) shooting
- D) wrestling

Ans D

20. Which two countries have been banned from participating in the Paris Olympics 2024?

- A) Russia and Belarus
- B) Romania and Bulgaria
- C) Germany and France
- D) England and Italy

Ans A

Topic 2- States & Their Capitals

21. Which of the following states has the highest number of capitals?

- A) Punjab and Haryana
- B) Maharashtra and Gujarat
- C) Tamil Nadu and Kerala
- D) Uttar Pradesh and Bihar

Ans: A

22. Which state capital is also known as the "Pink City"?

- A) Jaipur
- B) Jodhpur
- C) Udaipur
- D) Bikaner

Ans: A

23. Which river flows through the capital city of Madhya Pradesh?

- A) Narmada
- B) Tapti
- C) Mahanadi
- D) Betwa

Ans: D

24. Which state capital is the largest city in India?

- A) Mumbai
- B) Delhi
- C) Kolkata
- D) Chennai

Ans: A

25. Which state has a capital city that was previously known as Trivandrum?

- A) Kerala
- B) Tamil Nadu
- C) Karnataka
- D) Andhra Pradesh

Ans : A

26. Which state capital is known for its toy train?

- A) Shimla
- B) Darjeeling
- C) Ooty
- D) Mysuru

Ans: A

27. Which state has a capital city that is also a union territory?

- A) Punjab
- B) Haryana
- C) Chandigarh
- D) Delhi

Ans : C

28. Which state capital is the "City of Lakes"?

- A) Bhopal
- B) Indore
- C) Udaipur
- D) Jaipur

Ans: A

29. Which state has a capital city that was previously known as Mysore?

- A) Karnataka
- B) Tamil Nadu

- C) Kerala
- D) Andhra Pradesh

Ans: A

30. Which state capital is known for its "Golden Temple"?

- A) Amritsar
- B) Chandigarh
- C) Shimla
- D) Ludhiana

Ans: A

31. What is the capital of the state of Uttar Pradesh?

- A) Lucknow
- B) Kanpur
- C) Allahabad
- D) Varanasi

Ans : A

32. Which state has Gandhinagar as its capital?

- A) Maharashtra
- B) Gujarat
- C) Rajasthan
- D) Madhya Pradesh

Ans: B

33. What is the capital of the state of Karnataka?

- A) Bengaluru
- B) Mysuru
- C) Mangaluru
- D) Hubballi

Ans: A

34. Which state has Chandigarh as its capital?

- A) Punjab only
- B) Haryana only
- C) Both Punjab and Haryana
- D) Neither Punjab nor Haryana

Ans: C

35. What is the capital of the state of Odisha?

- A) Puri
- B) Cuttack
- C) Bhubaneswar
- D) Konark

Ans: C

36. Which state has Thiruvananthapuram as its capital?

- A) Tamil Nadu
- B) Kerala
- C) Karnataka
- D) Andhra Pradesh

Ans: B

37. What is the capital of the state of Bihar?

- A) Patna
- B) Gaya
- C) Bhagalpur
- D) Muzaffarpur

Ans: A

38. Which state has Dehradun as its capital?

- A) Haryana
- B) Uttar Pradesh
- C) Himachal Pradesh
- D) Uttarakhand

Ans : D

39. What is the capital of the state of Assam?

- A) Dispur
- B) Guwahati
- C) Silchar
- D) Dibrugarh

Ans: A

40. Which state has Raipur as its capital?

- A) Odisha
- B) Madhya Pradesh
- C) Maharashtra
- D) Chhattisgarh

Ans: D

Topic 3 -Longest Rivers and Largest Lakes

41. Which is the longest river in India?

- a) Ganga
- b) Yamuna
- c) Brahmaputra
- d) Godavari

Ans: A

42. Which river is known as the “Ganga Of the South”?

- a) Krishna

- b) Kaveri
- c) Narmada
- d) Godavari

Ans: B

43. What is the name of the river that flows through the city of Kolkata?

- a) Yamuna
- b) Brahmaputra
- c) Hooghly
- d) Godavari

Ans: C

44. Which river is considered the holiest in India?

- a) Narmada
- b) Ganga
- c) Tapti
- d) Mahanadi

Ans: B

45. Name the river that originates from the Himalayas and flows into the Arabian Sea.

- a) Brahmaputra
- b) Godavari
- c) Ganga
- d) Indus

Ans: D

46. Which river flows through the capital city of India, Delhi?

- a) Yamuna
- b) Ganga
- c) Sutlej
- d) Krishna

Ans: A

47. What is the main river of the state of Assam?

- a) Ganga
- b) Yamuna
- c) Brahmaputra
- d) Kaveri

Ans: C

48. Which river forms a natural boundary between India and Pakistan?

- a) Krishna
- b) Yamuna
- c) Ravi
- d) Narmada

Ans: C

49. Name the river that flows through the Thar Desert in Rajasthan?

- a) Luni
- b) Kaveri
- c) Brahmaputra
- d) Tapi

Ans: A

50. Which river is the main source of water for the state of Punjab?

- a) Yamuna
- b) Sutlej
- c) Ganga
- d) Narmada

Ans: B

51. Which is the largest lake in India?

- a) Chilika Lake
- b) Wular Lake
- c) Vembanad Lake
- d) Sambhar Lake

Ans : C

52. What is the name of the lake located in the city of Udaipur, Rajasthan?

- a) Dal Lake
- b) Pichola Lake
- c) Wular Lake
- d) Loktak Lake

Ans : B

53. Name the lake that is the largest freshwater lake in India?

- a) Chilika Lake
- b) Sambhar Lake
- c) Wular Lake
- d) Vembanad Lake

Ans: C

54. Which lake is situated on the border between India and Pakistan?

- a) Dal Lake
- b) Wular Lake
- c) Shakoor Lake
- d) Loktak Lake

Ans: C

55. Which lake is famous for its floating gardens in Jammu and Kashmir?

- a) Pichola Lake
- b) Dal Lake
- c) Chilika Lake
- d) Vembanad Lake

Ans: B

56. Name the artificial lake built in the middle of the city of Bhopal?

- a) Bhojtal
- b) Dal Lake

- c) Vembanad Lake
- d) Chilika Lake

Ans: A

57. Which lake is situated in the city of Hyderabad and is a popular tourist spot?

- a) Hussain Sagar lake
- b) Vembanad Lake
- c) Loktak Lake
- d) Sambhar Lake

Ans: A

58. What is the name of the lake that is home to Asia's largest bird sanctuary?

- a) Dal Lake
- b) Chilika Lake
- c) Vembanad Lake
- d) Keoladeo Lake

Ans: B

59. Name the lake that is the second largest brackish water lagoon in India?

- a) Loktak Lake
- b) Pulicat Lake
- c) Chilika Lake
- d) Sambhar Lake

Ans: B

60. Which lake in Rajasthan is known for its Salt production?

- a) Sambhar Lake
- b) Dal Lake
- c) Vembanad Lake
- d) Wular Lake

Ans: A

Topic 4 - Nationalism

61. What does the green color in the Indian national flag stand for?

- a) Peace
- b) Courage
- c) Prosperity
- d) Strength

Answer: c)

62. What is the meaning of nationalism?

- a) Pride in one's family
- b) Love and loyalty towards one's country
- c) Respect for animals
- d) Interest in sports

Answer: b)

63. Which of the following is a symbol of India's independence movement?

- a) Ashoka Pillar
- b) Red Fort
- c) Charkha (Spinning Wheel)
- d) Taj Mahal

Answer: c)

64. Who is known as the "Iron Man of India"?

- a) Jawaharlal Nehru
- b) Mahatma Gandhi
- c) Sardar Vallabhbhai Patel
- d) Subhas Chandra Bose

Answer: c)

65. What is the national song of India?

- a) Jana Gana Mana
- b) Vande Mataram
- c) Saare Jahan Se Achha
- d) Jai Hind

Answer: b)

66.Which leader is famous for the Dandi March to protest against the salt tax?

- a) Subhas Chandra Bose
- b) Jawaharlal Nehru
- c) Mahatma Gandhi
- d) Bhagat Singh

Answer: c)

67.What does the white color in the Indian national flag represent?

- a) Courage
- b) Truth and peace
- c) Prosperity
- d) Strength

Answer: b)

68.Who was the first Prime Minister of independent India?

- a) Dr. B.R. Ambedkar
- b) Mahatma Gandhi
- c) Jawaharlal Nehru
- d) Subhas Chandra Bose

Answer: C)

69.Which movement was launched by Mahatma Gandhi to fight for India's independence?

- a) Quit India Movement
- b) Green Revolution
- c) Civil Disobedience Movement

d) Chipko Movement

Answer: a)

70. Who is known as the "Father of the Nation" in India?

- a) Jawaharlal Nehru
- b) Mahatma Gandhi
- c) Subhas Chandra Bose
- d) Bhagat Singh

Answer: b)

71. Who wrote the Indian national anthem, "Jana Gana Mana"?

- a) Rabindranath Tagore
- b) Bankim Chandra Chatterjee
- c) Sarojini Naidu
- d) Subhash Chandra Bose

Answer: a)

72. Which country did India gain independence from?

- a) United States
- b) France
- c) Portugal
- d) Great Britain

Answer: d)

73. What is celebrated on January 26 in India?

- a) Independence Day
- b) Republic Day
- c) Gandhi Jayanti
- d) Children's Day

Answer: b)

74. Which leader is famous for the slogan “Jai Hind”?

- a) Subhash Chandra Bose
- b) Bhagat Singh
- c) Mahatma Gandhi
- d) Lal Bahadur Shastri

Answer: a)

75. Which of these is a national festival of India?

- a) Diwali
- b) Christmas
- c) Republic Day
- d) Holi

Answer: c)

76. What does the Ashoka Chakra in the Indian national flag represent?

- a) Unity
- b) Peace
- c) Progress
- d) Courage

Answer: c)

77. Which freedom fighter gave the slogan “Give me blood, and I will give you freedom”?

- a) Bhagat Singh
- b) Subhash Chandra Bose
- c) Sardar Vallabhbhai Patel
- d) Mahatma Gandhi

Answer: b)

78. Which day is celebrated as Independence Day in India?

- a) January 26

- b) October 2
- c) August 15
- d) November 14

Answer: c)

79. Which of the following is the national flower of India?

- a) Rose
- b) Sunflower
- c) Lotus
- d) Lily

Answer:c)

80. Which leader gave the slogan "Inquilab Zindabad"?

Add headings (Format > Paragraph styles) and they will appear in your table of contents.

- a) Jawaharlal Nehru
- b) Bhagat Singh
- c) Sardar Patel
- d) Mahatma Gandhi

Answer:b)

Topic 5- Empathy Based Questions

81. A friend is crying because they fell down. What do you do?

- a) Laugh at them
- b) Help them up
- c) Ignore them
- d) Tell them to stop crying

Ans. B

82. Someone is feeling left out in a game. What do you do?

- a) Tell them to go away
- b) Invite them to play

- c) Ignore them
- d) Take their turn

Ans. B

83. A classmate forgot their lunch. What do you do?

- a) Make fun of them
- b) Offer to share your lunch
- c) Ignore them
- d) Tell them to buy lunch

Ans. B

84. A friend is feeling sad because they lost their favorite toy. What do you do?

- a) Tell them to stop crying
- b) Help them find the toy
- c) Give them one of your toys
- d) Ignore them

Ans. B

85. Someone is being bullied. What do you do?

- a) Join in the bullying
- b) Tell a teacher
- c) Ignore them
- d) Fight back

Ans. B

86. You have a guest at home that refuses to leave anytime soon.

- a) You will tell them to go away
- b) Ask them about their plan
- c) Not tell them anything and ignore them
- d) Respect their stay and welcome them

Ans. D

87. A new student joins your class and looks nervous. What do you do?

- a) Ignore them
- b) Welcome them and introduce yourself
- c) Make fun of their clothes
- d) Tell them to sit elsewhere

Ans. B

88. Your friend is struggling to finish their homework. What do you do?

- a) Tell them to do it themselves
- b) Help them with their homework
- c) Take their homework and do it for them
- d) Ignore them

Ans. B

89. Someone in your class is being teased for their accent. What do you do?

- a) Join in the teasing
- b) Tell the teasers to stop
- c) Ignore the situation
- d) Make fun of their accent too

Ans. B

90. A classmate loses their favorite pen. What do you do?

- a) Take the pen for yourself
- b) Help them find the pen
- c) Tell them to buy a new pen
- d) Ignore them

Ans. B

91. Your friend has not brought lunch ? What will you do to help him ?

- a) Tell them to drink water
- b) Share food with them
- c) Ignore them
- d) Make fun of it

Ans. B

92. Your friend is sitting alone during games period, looking sad. What should you do?

- a) Ignore them and play with others
- b) Ask if they want to talk and invite them to join your game
- c) Tell a teacher that they are sad

d) Play by yourself instead

Ans. B

93. A new student in your class seems nervous and quiet. What can you do to make them feel welcome?

- a) Leave them alone until they speak to you
- b) Smile at them and introduce yourself
- c) Tell them to figure things out on their own
- d) Talk to your friends and ignore the new student

Ans. B

94. If your friend is feeling upset because they lost a game, what should you say?

- a) "You shouldn't feel bad, it's just a game."
- b) "I know losing is hard. Do you want to play something else together?"
- c) "You should have tried harder."
- d) "It's not a big deal. Get over it."

Ans. B

95. Your classmate is struggling with a math problem and looks frustrated. What is the best way to respond?

- a) Ignore them and focus on your own work
- b) Laugh and tell them it's easy
- c) Offer to help them understand the problem
- d) Tell them they should ask the teacher instead

Ans. C

96. If you accidentally hurt a friend's feelings, what is the best thing to do?

- a) Pretend it didn't happen
- b) Apologize and ask how you can make it better
- c) Blame someone else
- d) Wait for them to get over it

Ans. B

97. If someone in your class is struggling to tie their shoes, what is the best way to help?

- a) Show them how to do it or offer to tie their shoes
- b) Laugh and tell them they should know how by now
- c) Ignore them and walk away
- d) Tell them to ask the teacher instead

Ans. A

98. You accidentally push someone in the playground. What do you do?

- a) Run away
- b) Say "Sorry, are you okay?"
- c) Tell them to get up
- d) Blame someone else

Ans. B

99. You take a toy from someone without asking. What do you do?

- a) Keep the toy
- b) Give it back and say "Sorry"
- c) Tell them to share
- d) Hide the toy

Ans. B

100. You break someone's pencil. What do you do?

- a) Take another pencil
- b) Say "Sorry" and offer to sharpen it
- c) Tell them to buy a new pencil
- d) Blame someone else

Ans. B